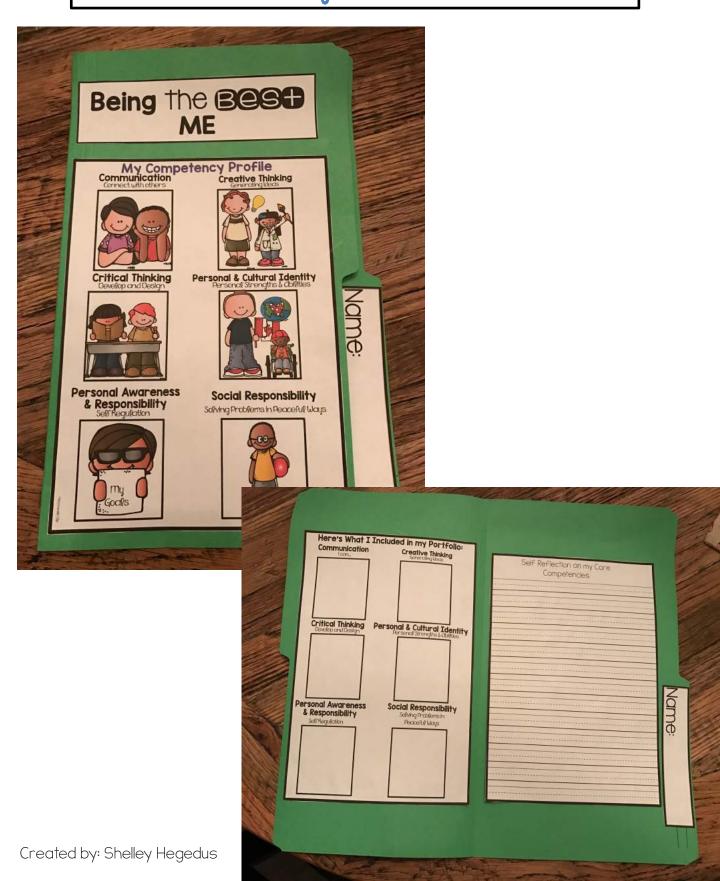
# Core Competencies Portfolio Idea



# Core Competencies \*Portfolio\*

This core competencies set is designed to help you help your students collect samples of their work that highlight that particular competency.

The first one has hand picked facets underneath each area that was designed with a particular school in mind. It included "I" statements right from the curriculum that teachers used to help them embed the teaching into their lessons that can also be glued on the back. The next cover page just has the 6 main competencies. The last set can be for older students.

The idea is that when you or your students decide something can go in the folder they can add the title of what it is in the empty box where it best represents that competency. At the end of the year, they can self reflect on the lined paper provided or you can use a blank page for drawing for younger students. The collection can go home and the folder moved to next year's teacher.

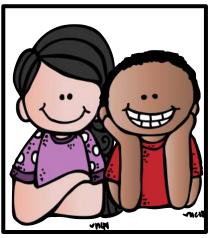
Clip Art and Font Credits







# My Competency Profile Communication Connect with others Creative Thin Generating Idea



Critical Thinking
Develop and Design



**Personal Awareness** & Responsibility
Self Regulation



**Creative Thinking**Generating Ideas

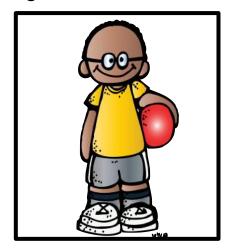


Personal & Cultural Identity Personal Strengths & Abilities



Social Responsibility

Solving Problems in Peaceful Ways



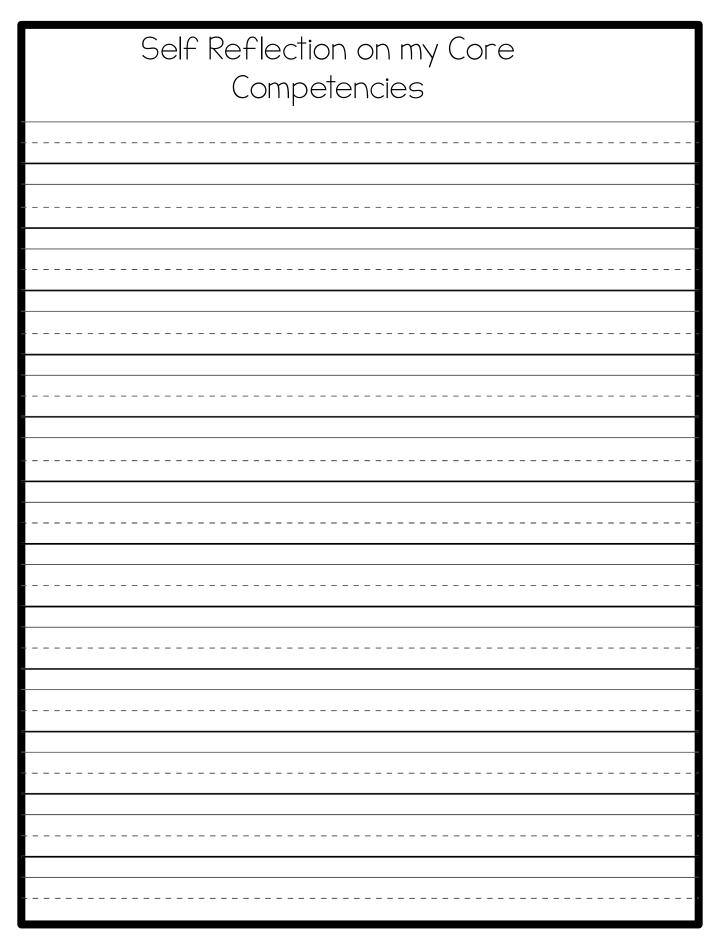
My Competency Profile:		
Communication Connect and engage with others	Creative Thinking	
Critical Thinking Develop and Design	Personal & Cultural Identity Personal Strengths & Abilities	
Develop and Design	Tersonar Strengths & Abilities	
Personal Awareness		
& Responsibility Self Regulation	Solving Problems in Peaceful Ways	

# Being The Best ME

# Being the Best ME

Name:

Here's What I Included in my Portfolio:		
Communication	Creative Thinking	
Critical Thinking	Personal & Cultural Identity	
Personal Awareness & Responsibility	Social Responsibility	



### Here's What I Included in my Portfolio:

#### Communication

Connect and engage with others.

I ask and respond to simple. direct questions.

I am an active listener. I support and encourage the person speaking.

I recognize that there are different points-of-view and I can disagree respectfully.

#### Creative Thinking Generating Ideas

I get ideas when I use my senses to

I build on others' ideas and add new ideas of my own or combine other people's ideas in new ways to create new things or solve straightforward

I deliberately learn a lot about something (ie. research talking to others) so that  ${\bf I}$ can generate new ideas.

I have deliberate strategies for quieting my conscious mind (doing something relaxing) so that I can be more creative. I have interest and passions that I pursue over time.

#### Critical Thinking

#### Develop and Design

I can experiment with different ways of doing things.

I can develop criteria for evaluating design options.

I can monitor my progress and adjust my actions to make sure I achieve what I want.

I can make choices that will help me create my intended impact on an audience or situation.

## Personal & Cultural Identity Personal Strengths & Abilities

I can identify my individual characteristics.

I can describe/express my attributes, character, and

I can reflect on my strengths and identify my potential as a leader in my community.

I understand I will continue to develop new abilities and strengths to help me meet new challenges.

#### Personal Awareness & Responsibility

#### Self Regulation

I can sometimes recognize emotions.

I can use strategies that help me manage my feelings and emotions.

I can persevere with challenging tasks.

I can implement, monitor, and adjust a plan and assess the results.

I can take ownership of my goals, learning and behaviour.

#### Social Responsibility

#### Solving Problems in Peaceful Ways

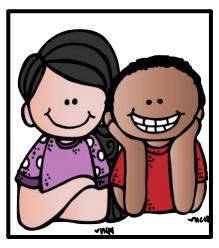
I can solve some problems myself and can identify when to ask for

I can identify problems and compare potential problem-solving strategies.

I can clarify problems, consider alternatives, and evaluate strategies. I can clarify problems or issues, generate multiple strategies, weigh consequences, compromise to meet the needs of others, and evaluate actions.

## My Competency Profile

#### Communication



**Critical Thinking** 



Personal Awareness & Responsibility



**Creative Thinking** 



Personal & Cultural Identity



Social Responsibility

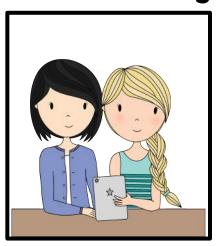


## My Competency Profile

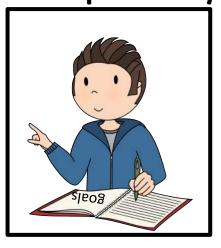
#### Communication



**Critical Thinking** 



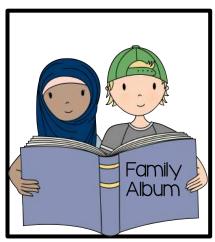
Personal Awareness & Responsibility



**Creative Thinking** 



Personal & Cultural Identity



Social Responsibility

