

Heroes – A Reflection Assignment

Introduction:

Self-reflection is important for learners as it provides them with opportunities to assess and take ownership of their learning. It's important for students to exercise this skill as it will help them identify where they are in their development and look for opportunities of growth. In this assignment, students read about a story of a hypothetical student, and then assumes this role and completes the story after thoughtful, inward reflection. This is cross-curricular for **Career Education 6-8** (*Big Ideas: Our attitudes toward careers are influenced by our view of ourselves as well as by our friends, family and community. Our career paths reflect the personal, community and educational choices we make.*) and **English Language Arts 6-8** (*Big Ideas: Exploring stories and other texts helps us understand ourselves and make connections to others and to the world. Texts are socially, culturally and historically constructed*).

Assignment: To be completed in your Portfolio as a Journal. (Add BOX → Add JOURNAL)

Please read the following story and spend some quiet time thinking about the question asked.

When he was a young boy, he played with superheroes and had pictures of them taped to the walls of his room.

When he was in high school, he covered his locker with pictures of great athletes.

In university, he had pictures of celebrities taped to the walls of his dorm room.

When he got his first job, framed pictures of fine sports cars were on his wall to motivate him.

As he moved up in the business world, his walls were covered with awards, certificates of recognition and famous people he had met over the years.

On the day he retired from his position as a leader of a major organization, he packed up his belongings by himself. He went back to the office one last time to take down the only remaining picture left on the wall.

IT WAS A PICTURE OF

What was the last picture and why was it significant? Complete this story for YOURSELF.

