## Taking Care of **Ourselves**, Taking Care of **Others**

All workshops are tailored specifically for the following age groups:

Grades 4-5 (45 minutes)

Grades 8-9 (60 minutes)

Grades 6-7 (50 minutes)

Grades 10-12 (60 minutes)

To request a workshop, contact Camilla Ho, Program Facilitator at:

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TCO<sup>2</sup> is a series of interactive workshops focusing on the prevention of sexual exploitation of children and youth. We discuss the warning signs of an exploitive relationship, online exploitation, peer-to-peer exploitation, the connection to gangs, recruitment tactics pimps use to manipulate victims, and much more! The presentations are designed for youth and use multi-media to encourage students to talk about this issue and walk away with practical tips for real life scenarios. Workshops build on one another as a youth progresses through the school system, with the goal of increasing social responsibility, empowerment and empathy.

