## DLC INSIDER VOL.14

All about Social Emotional Learning with EASE kits

Resources are dropped off via district mail

## 6 EASE KITS AVAILABLE

EASE (Everyday Anxiety Strategies for Educators) (kindergarten-Gr 3 )

EASE (Everyday Anxiety Strategies for Educators) (gr 4-7)

The books in this kit each correspond to a subtopic related to anxiety, and are recommended by EASE (Everyday Anxiety Strategies for Educators). Subtopics range from Body Awareness, to Spot the Thought. A list of the EASE categories is included in the kit. There are 3 kits available for sign out.



BOOKINGS ARE ON A 3 WEEK LENDING PERIOD TO GIVE YOU MORE TIME WITH ALL OF THE BOOKS. FOR MORE INFO ABOUT EASE TRAINING : GAIL MARKIN GMARKIN@SD35.BC.CA

Ask your school's teacher librarian if you need assistance https://library.sd35.bc.ca/