

ENTER THE 2022

# FIELD TO FORK CHALLENGE



**Hey BC youth! Submit a BC grown recipe and a demo video for a chance to:**

- Win 1 of 40 cash prizes (total prize value \$6,400)
- Attend the Field to Fork Virtual Conference on January 14, 2023 featuring a cook-along with Chef Trevor Randle, virtual farm tours, and more
- Have a recipe published in a cookbook

## ENTRY CATEGORIES

1. 4-H BC Junior Members
2. 4-H BC Senior Members
3. Grade 4-7 BC Students
4. Grade 8-12 BC Students

## CASH PRIZES IN EACH OF 4 CATEGORIES

- 1st Place: \$400
- 2nd Place: \$300
- 3rd Place: \$200
- 4th to 10th Place: \$100 each

ENTER NOW:



**4-H BC entry deadline:**  
**September 30, 2022**

**Grade 4-12 BC student entry deadline:**  
**November 9, 2022**

The Field to Fork Challenge is brought to you by

